



3416 Columbus Ave. Sandusky, Oh. 44870

Phone 419-625-5995

Email: ncoai@bex.netWebsite: www.NCOAAI.com

area54.org

area55aa.org

Step 4 – Made a searching and fearless moral inventory of ourselves.

Therefore, we started upon a personal inventory. This was *Step Four*. A business which takes no regular inventory usually goes broke. Taking commercial inventory is a fact-finding and a fact-facing process. It is an effort to discover the truth about the stock-in-trade. One object is to disclose damaged or unsalable goods, to get rid of them promptly and without regret. If the owner of the business is to be successful, he cannot fool himself about values.

We did exactly the same thing with our lives. We took stock honestly. First, we searched out the flaws in our make-up which caused our failure. Being convinced that self, manifested in various ways, was what had defeated us, we considered its common manifestations.

Resentment is the 'number one' offender. It destroys more alcoholics than anything else. From it stem all forms of spiritual disease, for we have been not only mentally and physically ill, we have been spiritually sick. When the spiritual malady is overcome, we straighten out mentally and physically. In dealing with resentments, we set them on paper. We listed people, institutions or principles with who we were angry. We asked ourselves why we were angry. In most cases it was found that our self-esteem, our pocketbooks, our ambitions, our personal relationships, (including sex) were hurt or threatened. So we were sore. We were 'burned up.' On our grudge list we set opposite each name our injuries. Was it our self-esteem, our security, our ambitions, our personal, or sex relations, which had been interfered with? We were usually as definite as this example:

<i>I'm resentful at:</i>	<i>The Cause</i>	<i>Affects my:</i>
Mr. Brown	His attention to my wife. Told my wife of my mistress. Brown may get my job at the office.	Sex relations. Self-esteem (fear) Sex relations. Self-esteem (fear) Security Self-esteem (fear)
Mrs. Jones	She's a nut -- she snubbed me. She committed her husband for drinking. He's my friend. She's a gossip.	Personal relationship. Self-esteem (fear)
My employer	Unreasonable-Unjust - Overbearing - Threatens to fire me for my drinking and padding my expense account.	Self-esteem (fear) Security.
My wife	Misunderstands and nags. Likes Brown. Wants house put in her name.	Pride -- Personal sex relations -- Security (fear)

April 2019

Carry the Message

Need groups to Volunteer to take meetings into the Oriana House in Sandusky. Call Ron Gray to sign up. 419-366-4898

Intergroup Officers

Chairman = Chrissy Porter

Vice Chairman = Andrew Alexander

Treasurer = Dave Deer

Secretary = Bill Fisk

Member at Large = Jake Burroughs

Member at Large = Carol Reiman

Member at Large = Bill Ryf

Member at Large = Libby Burroughs

Member at Large = Tom Fannin

Literature Room Hours

Monday - - - Closed

Tuesday 11:00 – 2:00, 3:00 – 5:00

Wednesday 11:00 – 2:00, 3:00 – 5:00

Thursday 11:00–12:30, 2:30 – 5:00

Friday 11:00 – 2:00, 3:00 – 5:00

Saturday 11:00 – 2:00, 3:00 – 5:00

Sunday - - - Closed

Closed on New Year's Day, Memorial Day, 4th of July, Labor Day, Thanksgiving Day, and Christmas.

Winter Weather Advisory – If roads are bad, please call before coming out – 419-625-5995.

Step 4: Made a searching and fearless moral inventory of ourselves

Promise 4: We will know peace.

Tradition 4: Each group should be autonomous except in matters affecting other groups or AA as a whole.

Group Donations (as suggested by World Service Pamphlet “Self-Support – Where Money and Spirituality

Mix”)

**NCOAA Intergroup
PO Box 338
Sandusky, OH 44870
(50% of total)**

(for groups in Erie and Huron Counties)

NE Ohio General Service Office

PO Box 91384

Cleveland, OH 44101-3384

(25% of total)

OR

**General Service Office
PO Box 459
Central Station New York, NY 10163-0459
(25% of total)**

(for groups in Sandusky, Seneca and Ottawa Counties)

Area 55

PO Box 401

Toledo, OH 43697

(25% of total)

Attention ALL Groups: Please help us to help you!! If you have changed GSR'S (General Service Representative) in your group, have changed your Primary Mail Contact and have not attended the Monthly Intergroup Meeting to file a Group Change Form. Please do of the following:

1) Attend 1st Saturday of the Month @ 11:00AM

2) Call the Inter-Group Office with your new information.

419-625-5995

There is always a place in the Sober Horizons for your Group Anniversaries, Leads, Dances, Weekends, Dinners, Activities, etc. Please Contact:

Bob T. (440-666-3310)

Candy C. (419-266-4094)

Office (419-625-5995)

Email: soberhorizon@gmail.com

Please get them in by the 23rd

April 2019

Tiffin New Hope Group
45th Anniversary
April 6, 2019

Old Trinity Church
125 East Market St.
Tiffin, OH

Doors Open 5:00
Dinner at 6:00

Lead to follow - (TBA)

Please bring a covered dish (with something in it) to share.
50/50 and door prizes. Join us for some great fellowship!

Bellevue Saturday Night Group
5th Anniversary
April 6, 2019

Immaculate Conception Church (Downstairs)
Route 20 and Broad St.
Bellevue, OH

Doors Open 7:00

Lead at 8:00 - Bob T. (Amherst)

Dinner to follow

Group provides Hungarian Goulash and coffee. Please bring a dish to share. 50/50 drawing and some great fellowship!

Spirit of the Pines

April 12th - 14th, 2019

Lutheran Memorial Camp
2790 SR 61
Fulton, OH 43321

Codependency in Sobriety

Cost - \$120 per Person (incl. lodging and meals)
Registration Deadline - April 1, 2019 - Checks payable to Larry
Cassady 40078 RT. 18, Wellington, Ohio 44090
Check-in time is 2PM on the 20th. See the flyer for things to bring with you.

Contact persons:

Rose W.	419-357-4220
Larry C.	440-667-5492
Lee F.	419-217-0119
Bob P.	440-522-3832

Norwalk Wednesday Night Anniversary

April 17, 2019

St. Paul Social Hall
30 Milan Avenue
Norwalk, OH

Doors Open 6:00

Dinner at 7:00

Lead at 8:00 - Dan Y. (Navarre, OH)

Pulled Pork sandwiches and drinks provided by the group.
Please bring a dish to share.

50/50 and door prizes.

Memorial Breakfast
Sunday May 26, 2019

American Legion Post 83
3615 Hayes Ave.
Sandusky, OH

Buffet Breakfast Tickets
\$11 in advance - \$15 at the door

Doors Open 8:00 AM
Breakfast at 9:00 AM
Lead 10:00 AM - Herb B. (Reynoldsburg, OH)

A great day to meet new friends and see old friends. A great day to honor those still in our hearts.

50/50 Drawing

For tickets contact Sandusky Intergroup at
419-625-5995 or Jake B. at 419-307-2899.

Greenwich Friday Night Anniversaries
AA - 40th Anniversary
AI-Anon - 29th Anniversary
April 26, 2019

United Methodist Church
18 East Main St.
Greenwich, OH

Doors Open 6:00
Dinner at 7:00

Lead at 8:00 - (Kristen B.)

BBQ Pork sandwiches and drinks provided. Please bring a covered dish to share. 50/50 Drawing and great sober fun.

Port Clinton Thursday Night
73rd Anniversary
May 9, 2019

Trinity United Methodist Church
Corner of Second and Adams St.
Port Clinton, OH

"Walleye Capital of Sobriety"

Doors Open 6:00

Dinner at 6:30

Lead at 8:00 - Timothy H. (Streetsboro, OH)

Group will provide meat, drink, and dinnerware, please bring a dish to share.

Fellowship, Recovery, Sobriety Countdown and Door Prizes.

FINANCIAL REPORT – Feb. 2019**Literature Room:**

Sales	\$1257.48
Book Purchases	<u>437.15</u>
GAIN for the Month	\$ 820.33

Operating Account:

Group Donations	\$1292.50
Total Income:	\$1292.50

Payroll	\$ 414.09
Telephone/Telecomm.	190.40
AA Purpose	29.00
Accounting Fees	89.91
Bank Fees	17.36
Supplies	116.86
OVH Donation	<u>150.00</u>
Total Expenses:	\$1007.62
GAIN for the Month	\$ 284.88

February 2019 Phone Report

Total Calls	73
12 Step Calls	3
Rides	1
Meeting	49
Office Info	20
Volunteer Hours	124

February 2019 Group Donations

\$ 500.00	As Bill Sees It
542.00	Port Clinton Thursday Night
60.00	Intergroup
50.50	Fremont Thursday Morning 12X12
50.00	Fremont Monday Night
20.00	Fremont Saturday Big Book
20.00	Norwalk – How It Works
<u>50.00</u>	Sandusky ‘Venice’ Friday Night
\$1292.50	

Thank You All**AA Birthdays**

4/21 Candy C.

AA Anniversaries

4/1	Cornelius A.	23 yrs.
4/2	Troy C.	10 yrs.
4/7	Bernie W.	30 yrs.
4/10	Tim P.	18 yrs.
4/11	John S.	5 yrs.
4/12	Ronnie G.	27 yrs.
4/13	Frank M.	3 yrs.
4/18	Natasha R.	2 yrs.
4/18	Mike S.	50 yrs.
4/20	Jacob J.	8 yrs.
4/29	Andrea S.	2 yrs.

**37th Annual New London AA Campout
Thursday June 27th thru Sunday June 30th**

New London Recreational Park
New London, OH

Cost is \$20 per night (camper, pop-up, or tent) includes 2 adults, kids 17 & under are free – each added adult is \$10 per night. Early (prior to Thursday) campers will pay park rates. Electric hookup, picnic tables, fire rings – first come basis. Firewood is available \$20 per gator load (benefits Boy Scouts).

You don't have to camp to join in on the fun. Come any time for meetings, activities, great fellowship, campfire stories, laughter. Bring your cooler and a lawn chair. If you come out, you won't want to leave. We would appreciate some volunteers to help with this event to make it a great fellowship weekend.

For more Info, please call:

Jeff Baumer 419-921-1545

Mike Burkett 216-317-4013

Email - newlondoncampout@yahoo.com

Harbourtown Breakfast

6320 Poorman Rd., Vermilion
(no breakfast – meeting at 10 AM)

4/7	Mike T. (Elyria)
4/14	Melissa S. (Amherst)
4/21	Mike W. (Oberlin)
4/28	Lee Ann M. (Amherst)

We have received some notices about our members passing since our last Memorial Day. Please contact the Intergroup Office at 419-625-5995 with others for remembrance in May 2019.

Thank you to our new Chairman of The Entertainment Committee: Jake Burroughs, who has stepped up to fill this challenging position! As we move forward, the Entertainment Committee will be called the Social Functions Committee.
We wish Jake all our best, and continued success.
If you have any questions or wish to join the Social Functions Committee please contact Jake at (419) 307-2899.