

May

~ SOBER HORIZONS ~

2019

One Day at a Time



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area54.org

area55aa.org

Step 5 – Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

Having made our personal inventory, what shall we do about it? We have been trying to get a new attitude, a new relationship with our Creator, and to discover the obstacles in our path. We have admitted certain defects; we have ascertained in a rough way what the trouble is; we have put our finger on the weak items in our personal inventory. Now these are about to be cast out. This requires action on our part, which, when completed, will mean that we have admitted to God, to ourselves, and to another human being, the exact nature of our defects. This brings us to the *Fifth Step* in the program of recovery mentioned in the preceding chapter.

This is perhaps difficult-especially discussing our defects with another person. We think we have done well enough in admitting these things to ourselves. There is doubt about that. In actual practice, we usually find a solitary self-appraisal insufficient. Many of us thought it necessary to go much further. We will be more reconciled to discussing ourselves with another person when we see good reasons why we should do so. The best reason first: If we skip this vital step, we may not overcome drinking. Time after time newcomers have tried to keep to themselves certain facts about their lives. Trying to avoid this humbling experience, they have turned to easier methods. Almost invariably they got drunk. Having persevered with the rest of the program, they wondered why they fell. We think the reason is that they never completed their housecleaning. They took inventory all right, but hung on to some of the worst items in stock. They only thought they had lost their egoism and fear; they only thought they had humbled themselves. But they had not learned enough of humility, fearlessness and honesty, in the sense we find it necessary, until they told someone else all their life story.

More than most people, the alcoholic leads a double life. He is very much the actor. To the outer world he presents his stage character. This is the one he likes his fellows to see. He wants to enjoy a certain reputation, but knows in his heart he doesn't deserve it.

The inconsistency is made worse by the things he does on his sprees. Coming to his senses, he is revolted at certain episodes he vaguely remembers. These memories are a nightmare. He trembles to think someone might have observed him. As far as he can, he pushes these memories far inside himself. He hopes they will never see the light of day. He is under constant fear and tension-that makes for more drinking.

Psychologists are inclined to agree with us. We have spent thousands of dollars for examinations. We know but few instances where we have given these doctors a fair break. We have seldom told them the whole truth nor have we followed their advice. Unwilling to be honest with these sympathetic men, we were honest with no one else. Small wonder many in the medical profession have a low opinion of alcoholics and their chance for recovery!

We must be entirely honest with somebody if we expect to live long or happily in this world. Rightly and naturally, we think well before we choose the person or persons with whom to take this intimate and confidential step.

Big Book pages 72 – 74

May 2019

Carry the Message

Need groups to Volunteer to take meetings into the Oriana House in Sandusky. Call Ron Gray to sign up. 419-366-4898

Intergroup Officers

Chairman = Chrissy Porter

Vice Chairman = Andrew Alexander

Treasurer = Dave Deer

Secretary = Bill Fisk

Member at Large = Jake Burroughs

Member at Large = Carol Reiman

Member at Large = Bill Ryf

Member at Large = Libby Burroughs

Member at Large = Tom Fannin

Literature Room Hours

Monday - - - Closed

Tuesday 11:00 – 2:00, 3:00 – 5:00

Wednesday 11:00 – 2:00, 3:00 – 5:00

Thursday 11:00 – 2:00, 3:00 – 5:00

Friday 11:00 – 2:00, 3:00 – 5:00

Saturday 11:00 – 2:00, 3:00 – 5:00

Sunday - - - Closed

Closed on New Year's Day, Memorial Day, 4th of July, Labor Day, Thanksgiving Day, and Christmas.

Step 5: Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

Promise 5: No matter how far down the scale we have gone, we will see how our experience can benefit others.

Tradition 5: Each group has but one primary purpose – to carry its message to the alcoholic who still suffers.

3rd Annual Battle of the Homegroups Olympics

Sunday July 14th - Noon till 4 PM

Ohio Veteran's Home Sandusky, OH

How it works:

Get 5 or more AA members for your team entry fee \$5 per participant.

Compete in the Olympics for a chance to win the trophy for your group.

Collect donations from your AA friends (Prize for most money raised).

*** * * Please pre-register your teams by June 1st (name of your group is needed) * * ***

Email: chrissyp0507@gmail.com to register your home group

Call: Chrissy P. 419-707-7077

Attention ALL Groups: Please help us to help you!! If you have changed GSR'S (General Service Representative) in your group, have changed your Primary Mail Contact and have not attended the Monthly Intergroup Meeting to file a Group Change Form. Please do of the following:

- 1) Attend 1st Saturday of the Month @ 11:00AM**
- 2) Call the Inter-Group Office with your new information. 419-625-5995**

There is always a place in the Sober Horizons for your Group Anniversaries, Leads, Dances, Weekends, Dinners, Activities, etc. Please Contact:

Bob T. (440-666-3310)

Candy C. (419-266-4094)

Office (419-625-5995)

Email: soberhorizon@gmail.com

Please get them in by the 23rd

May 2019

The wait is over! The Harbortown Breakfast and Birmingham Spaghetti Groups are back in beautiful downtown Birmingham and serving up some great food, fellowship and leads. Please join us on Thursdays at 7 for Spaghetti and Sundays at 8:30 for breakfast.

Memorial Breakfast Sunday May 26, 2019

**American Legion Post 83
3615 Hayes Ave.
Sandusky, OH**

**Buffet Breakfast Tickets
\$11 in advance - \$15 at the door**

**Doors Open 8:00 AM
Breakfast at 9:00 AM
Lead 10:00 AM – Herb B. (Reynoldsburg, OH)**

A great day to meet new friends and see old friends. A great day to honor those still in our hearts.

50/50 Drawing

**For tickets contact Sandusky Intergroup at
419-625-5995 or Jake B. at 419-307-2899.**

Port Clinton Thursday Night 73rd Anniversary May 9, 2019

**Trinity United Methodist Church
Corner of Second and Adams St.
Port Clinton, OH**

“Walleye Capital of Sobriety”

Doors Open 6:00

Dinner at 6:30

Lead at 8:00 – Timothy H. (Streetsboro, OH)

**Group will provide meat, drink, and dinnerware,
please bring a dish to share.
Fellowship, Recovery, Sobriety Countdown and
Door Prizes.**

Other Week's Leads

**5/2 Cornelius A.
5/16 Terry R.
5/23 Tommy V.
5/30 Tommy H.**

Bike Week AA Meetings

**Tuesday May 28th and Thursday May 30th
At Noon
Weather Permitting!**

**Maples Motel
4409 Cleveland Road
Sandusky, OH**

**Open Discussion
Please meet by the pool
A great day to meet new friends and see old
friends.**

37th Annual New London AA Campout Thursday June 27th thru Sunday June 30th

**New London Recreational Park
New London, OH**

Cost is \$20 per night (camper, pop-up, or tent) includes 2 adults, kids 17 & under are free – each added adult is \$10 per night. Early (prior to Thursday) campers will pay park rates. Electric hookup, picnic tables, fire rings – first come basis. Firewood is available \$20 per gator load (benefits Boy Scouts).

You don't have to camp to join in on the fun. Come any time for meetings, activities, great fellowship, campfire stories, laughter. Bring your cooler and a lawn chair. If you come out, you won't want to leave. We would appreciate some volunteers to help with this event to make it a great fellowship weekend.

For more Info, please call:

Jeff Baumer 419-921-1545

Mike Burkett 216-317-4013

Email - newlondoncampout@yahoo.com

FINANCIAL REPORT – March 2019

Literature Room:

Sales	\$1071.97
Book Purchases	<u>450.29</u>
GAIN for the Month	\$ 621.68

Operating Account:

Group Donations	\$ <u>914.26</u>
Total Income:	\$ 914.26

Payroll	\$ 339.86
Telephone/Telecomm.	157.11
AA Purpose	29.00
Accounting Fees	38.50
Operations	19.09
Supplies	50.70
OVH Donation	<u>150.00</u>
Total Expenses:	\$ 784.26
GAIN for the Month	\$ 130.00

March 2019 Phone Report

Total Calls	62
12 Step Calls	2
Rides	2
Meeting	45
Office Info	13
Volunteer Hours	127

March 2019 Group Donations

\$ 250.00	As Bill Sees It
200.00	Milan New Hope
170.00	Vacationland
145.00	Grapevine
50.00	Tiffin New Hope
13.00	Intergroup
6.26	11 th Step Meeting
30.00	Sunday 12 x 12
<u>50.00</u>	Sandusky 'Venice' Friday Night
\$ 914.26	

Thank You All

AA Birthdays

5/1	Jim C.
5/7	Chrissy P.
5/7	Eric R.
5/13	Damion T.
5/24	Jen R.
5/31	Jacob J.

AA Anniversaries

5/3	Dave D.	11 yrs.
5/4	Stan G.	27 yrs.
5/7	Bill W.	37 yrs.
5/18	Pat B.	39 yrs.
5/21	Denny C.	30 yrs.

2019 INTERGOUPE CALENDAR OF EVENTS

DATE	EVENT	LOCATION
Sunday - May 26th	MEMORIAL BREAKFAST	American Legion - Sandusky
Sunday - July 14th	BATTLE OF THE HOMEGROUPS OLYMPICS	Ohio Veteran's Home (OVH) - Sandusky
Sunday - August 4th	INTERGROUP PICNIC	Bellevue Recreation Ctr - Bellevue
Sunday - November 24th	GRATITUDE DINNER	Ohio Veteran's Home (OVH) - Sandusky
Tuesday - December 24th	24 HOUR ALCATHON	Ohio Veteran's Home (OVH) - Sandusky
Tuesday - December 31st	24 HOUR ALCATHON	Ohio Veteran's Home (OVH) - Sandusky
**For further information - Contact Jake B: (419) 307-2899 or the Intergroup Office: (419) 625-5995		

Bellevue 'Lighthouse' Friday

5/3	Kevin C. (Willard)
5/10	Mike H. (Galion)
5/17	Travis D. (Monroeville)
5/24	Dorothy R. (Norwalk)
5/31	Don G. (Tiffin)

Harbourtown Breakfast

5/5	8:30	Pancakes and Sausage
	10:00	Bill W. (Lorain)
5/12	8:30	Ham, Eggs and Potatoes
	10:00	Alisha F. (Fitchville)
5/19	8:30	French Toast and Sausage
	10:00	Jill P. (Brookpark)
5/26	8:30	Biscuits and Gravy
	10:00	Brian B. (Amherst)