

November

~ SOBER HORIZONS ~

2018

One Day at a Time



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[area54.org](http://area54.org)

[area55aa.org](http://area55aa.org)

**Step 11 – Sought through prayer and meditation to improve our conscious contact with God *as we understood Him*, praying only for knowledge of His will for us and the power to carry that out.**

On awakening let us think about the twenty-four hours ahead. We consider our plans for the day. Before we begin, we ask God to direct our thinking, especially asking that it be divorced from self-pity, dishonest or self-seeking motives. Under these conditions we can employ our mental faculties with assurance, for after all God gave us brains to use. Our thought-life will be placed on a much higher plane when our thinking is cleared of wrong motives.

In thinking about our day we may face indecision. We may not be able to determine which course to take. Here we ask God for inspiration, an intuitive thought or a decision. We relax and take it easy. We don't struggle. We are often surprised how the right answers come after we have tried this for a while.

What used to be the hunch or the occasional inspiration gradually becomes a working part of the mind. Being still inexperienced and having just made conscious contact with God, it is not probable that we are going to be inspired at all times. We might pay for this presumption in all sorts of absurd actions and ideas. Nevertheless, we find that our thinking will, as time passes, be more and more on the plane of inspiration. We come to rely upon it.

We usually conclude the period of meditation with a prayer that we be shown all through the day what our next step is to be, that we be given whatever we need to take care of such problems. We ask especially for freedom from self-will, and are careful to make no request for ourselves only. We may ask for ourselves, however, if others will be helped. We are careful never to pray for our own selfish ends. Many of us have wasted a lot of time doing that and it doesn't work. You can easily see why. We usually conclude the period of meditation with a prayer that we be shown all through the day what our next step is to be, that we be given whatever we need to take care of such problems. We ask especially for freedom from self-will, and are careful to make no request for ourselves only. We may ask for ourselves, however, if others will be helped. We are careful never to pray for our own selfish ends. Many of us have wasted a lot of time doing that and it doesn't work. You can easily see why.

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As we go through the day we pause, when agitated or doubtful, and ask for the right thought or action. We constantly remind ourselves we are no longer running the show, humbly saying to ourselves many times each day "Thy will be done." We are then in much less danger of excitement, fear, anger, worry, self-pity, or foolish decisions. We become much more efficient. We do not tire so easily, for we are not burning up energy foolishly as we did when we were trying to arrange life to suit ourselves.

It works - it really does.

# November 2018

**The November Advisory Committee meeting will be held on Saturday November 3, at 11:00 AM. Election of 2 officers and 4 members-at-large will be held. Please plan on attending.**

### Carry the Message

**Need groups to Volunteer to take meetings into the Oriana House in Sandusky. Call Ron Gray to sign up. 419-366-4898**

### New Literature Room Hours

**Monday - - - Closed**  
**Tuesday 11:00 – 2:00, 3:00 – 5:00**  
**Wednesday 11:00 – 2:00, 3:00 – 5:00**  
**Thursday 11:00–12:30, 2:30 – 5:00**  
**Friday 11:00 – 2:00, 3:00 – 5:00**  
**Saturday 11:00 – 2:00, 3:00 – 5:00**  
**Sunday - - - Closed**

### Intergroup Officers

**Chairman = Chrissy Porter**

**Vice Chairman = Bob Trelka**

**Treasurer = Dave Deer**

**Secretary = Bill Fisk**

**Member at Large = Open**

**Member at Large = Lisa Dale**

**Member at Large = Bill Ryf**

**Member at Large = Matt B.**

**Member at Large = Joe Bayer**

**Closed on New Year's Day,  
 Memorial Day, 4<sup>th</sup> of July, Labor Day,  
 Thanksgiving Day, and Christmas.**

**Step 11: Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.**

**Promise 11: We will intuitively know how to handle situations which used to baffle us.**

**Tradition 11: Our public relations policy is based on attraction rather than promotion, we need always maintain our personal anonymity at the level of press, radio and films.**

### Group Donations (as suggested by World Service Pamphlet "Self-Support – Where Money and Spirituality Mix")

**NCOAA Intergroup  
 PO Box 338  
 Sandusky, OH 44870  
 (50% of total)**

**(for groups in Erie and Huron Counties)  
 NE Ohio General Service Office  
 PO Box 91384  
 Cleveland, OH 44101-3384  
 (25% of total)**

OR

**General Service Office  
 PO Box 459  
 Central Station New York, NY 10163-0459  
 (25% of total)**

**(for groups in Sandusky, Seneca and Ottawa Counties)  
 Area 55  
 PO Box 401  
 Toledo, OH 43697  
 (25% of total)**

**Attention ALL Groups: Please help us to help you!! If you have changed GSR'S (General Service Representative) in your group, have changed your Primary Mail Contact and have not attended the Monthly Intergroup Meeting to file a Group Change Form. Please do of the following:**

- 1) Attend 1<sup>st</sup> Saturday of the Month @ 11:00AM**
- 2) Call the Inter-Group Office with your new information. 419-625-5995**

**There is always a place in the Sober Horizons for your Group Anniversaries, Leads, Dances, Weekends, Dinners, Activities, etc. Please Contact:**  
**Bob T. (440-666-3310)**  
**Candy C. (419-266-4094)**  
**Office (419-625-5995)**  
**Email: soberhorizon@gmail.com**  
**Please get them in by the 23<sup>rd</sup>**

# November 2018

## **Gratitude Dinner Sunday November 18, 2018**

**Ohio Veterans Home  
"O" Cottage  
Sandusky, Ohio**

**A complete Thanksgiving Dinner will be served.**

**Doors Open at 2:00 PM  
Eat at 3:00 PM  
Lead at 4:00 PM**

**Shirley O. from Norwalk, OH**

**Come join us for some great food and wonderful fellowship.**

## **28<sup>th</sup> Annual 12 Steps to Recovery Weekend January 25<sup>th</sup>-27<sup>th</sup>, 2019**

**South Beach Resorts Hotel  
8620 E. Bayshore Road  
Lakeside-Marblehead, OH 43440  
Phone: 419-798-4900**

**Double Occupancy Room: \$150.00 per person  
Single Occupancy Room: \$250.00 per person (limited availability)**

**Registration Deadline: January 4, 2019 or max capacity, whichever comes first.**

**Registration includes room and all meals.  
Check in at the hotel is from 3-8 p.m. Friday.  
Your weekend of fun and recovery begins at 6 p.m. with dinner and refreshments.**

**For more information: Stewart P. (908) 698-7811;  
Bob O. (419) 656-3747; Renee U. (419) 921-5448 OR  
email: [12stepweekend.marblehead@gmail.com](mailto:12stepweekend.marblehead@gmail.com)**

### **ROOMMATES PLEASE REGISTER TOGETHER**

**Please mail Name, Address, Phone, Email and Roommate's Name with a check or money order payable to:**

**Twelve Step Weekend, PO Box 280, Huron OH 44839**

## **Bellevue "A Chance to Live" Saturday November 3<sup>rd</sup>, 2018**

**Immaculate Conception Church (downstairs)  
213 Center St.  
Bellevue, OH**

**Doors Open at 7:00 PM  
Lead at 8:00 PM**

**George J. from Clyde OH  
Eat after - Sloppy Joes and coffee furnished.  
Please bring a dish to share.**

**On 11/10 and 11/17 - - 11<sup>th</sup> Step Discussion  
On 11/24 - - 11<sup>th</sup> Tradition Discussion**

## **Euchre Tournament Last Saturday of the Month October 2018 thru April 2019**

**St. Paul Episcopal Church  
206 N. Park Avenue  
Fremont, OH**

**Doors Open 5:00  
Dinner at 5:30  
Euchre at 6:30**

**Please bring a dish to share for potluck.**

**Cost is \$2.00 per person. Euchre players \$3.00 additional. Dominoes and games for those that don't.**

## **Tiffin Wednesday Night - 7:30PM**

**11/7 Bob O. (Milan "New Hope")**

**11/14 John G. (Milan "New Hope")**

**11/21 Jean K. (Vacationland)**

**11/28 Stephanie S. (Milan "New Hope")**

## **Bellevue "Lighthouse" - Friday Night**

**11/2 Sterling S. (Willard)**

**11/9 Gary F. (Amherst)**

**11/16 Kristen T. (Tiffin)**

**11/23 Lee Ann G. (Elyria)**

**11/30 John M (Amherst)**

**FINANCIAL REPORT – Sept. 2018****Literature Room:**

<b>Sales</b>	<b>\$ 689.27</b>
<b>Book Purchases</b>	<b>127.65</b>
<b>GAIN for the Month</b>	<b>\$ 561.62</b>

**Operating Account:**

<b>Group Donations</b>	<b>\$1627.71</b>
<b>Total Income:</b>	<b>\$1627.71</b>

<b>Accounting Fees</b>	<b>\$ 20.20</b>
<b>Payroll</b>	<b>417.99</b>
<b>Telephone/Telecomm.</b>	<b>161.86</b>
<b>Printing/Copying</b>	<b>29.00</b>
<b>Supplies</b>	<b>8.99</b>
<b>Insurance</b>	<b>485.00</b>
<b>OVH Donation</b>	<b>150.00</b>
<b>Total Expenses:</b>	<b>\$1276.04</b>

**GAIN for the Month \$ 354.67**

**September 2018 Group Donations**

<b>\$ 780.00</b>	<b>Birmingham Spaghetti</b>
<b>200.00</b>	<b>Harbourtown Breakfast</b>
<b>300.00</b>	<b>Milan New Hope</b>
<b>121.71</b>	<b>Intergroup</b>
<b>46.00</b>	<b>Lady of the Pines</b>
<b>20.00</b>	<b>Vacationland</b>
<b>50.00</b>	<b>Fremont Wed. Night Men's</b>
<b>65.00</b>	<b>Sahara Boaters</b>
<b>25.00</b>	<b>Tiffin Mon. Night Women</b>
<b>10.00</b>	<b>Fitchville Monday Night</b>
<b>10.00</b>	<b>Anonymous</b>
<b>\$1627.71</b>	

**Thank You All**

**September 2018 Phone Report**

<b>Total Calls</b>	<b>68</b>
<b>12 Step Calls</b>	<b>3</b>
<b>Rides</b>	<b>0</b>
<b>Meeting</b>	<b>51</b>
<b>Office Info</b>	<b>14</b>

**Volunteer Hours 164**

**AA Birthdays**

<b>11/23 Brian M.</b>
<b>11/25 Lizzie A.</b>
<b>11/26 Krista A.</b>

**Port Clinton Thursday 8 PM**

<b>11/1 Susan B. (Avon)</b>
<b>11/8 Jeff B. (Lakewood)</b>
<b>11/15 Terry O. (Cleveland)</b>
<b>11/22 Mark J. (Port Clinton)</b>
<b>11/29 Libby B. (Fremont)</b>

**AA Anniversaries**

<b>11/4 Kathy P.</b>	<b>6 yrs.</b>
<b>11/10 John B.</b>	<b>6 yrs.</b>
<b>11/10 Chris G.</b>	<b>11 yrs.</b>
<b>11/12 Pat H .</b>	<b>42 yrs.</b>
<b>11/15 Tim L</b>	<b>3 yrs.</b>
<b>11/17 Mark J.</b>	<b>37 yrs.</b>
<b>11/17 Basil E.</b>	<b>36 yrs.</b>
<b>11/17 Russ K.</b>	<b>9 yrs.</b>
<b>11/23 Brian C.</b>	<b>15 yrs.</b>
<b>11/24 Greg B.</b>	<b>11 yrs.</b>
<b>11/28 Dale D.</b>	<b>3 yrs.</b>

**Harbourtown Breakfast (Birmingham)**

<b>11/4 8:30 Breakfast (Pancakes &amp; Bacon)</b>
<b>10:00 Lead – Taylor D. (Huron) – 1<sup>st</sup> lead</b>
<b>11/11 8:30 Breakfast (Ham, Eggs and Potatoes)</b>
<b>10:00 Lead – John B. (Vermilion.)</b>
<b>11/18 8:30 Breakfast (French Toast &amp; Sausage)</b>
<b>10:00 Lead – Cathy R. (Vermilion) – 1<sup>st</sup> lead</b>
<b>11/25 8:30 Breakfast (Biscuits &amp; Gravy)</b>
<b>10:00 Lead – Russ K. (Amherst)</b>