



JANUARY 2022

Sober Horizon

North Central Ohio Alcoholics Anonymous Newsletter



Sandusky Intergroup Events

2022

May 22nd, Sunday - - - - - Memorial Breakfast

July 31st, Sunday - - - - - Intergroup Picnic

November 20th, Sunday - - - Gratitude Dinner

December Holidays of 2022 - - Alka-thon

For more information:

Intergroup Website:

www.ncoaai.com

Intergroup office

419-625-5995 ext. 0

ncoaai.com



Meetings at Ohio Veterans Home Cottage O are open again as of November 29th 2021

As Bill Sees It Daily at 10am LITERATURE ROOM OPEN THURSDAY 1 hr before
REBOS Monday, Wednesday, Friday and Sunday all at 6pm LITERATURE ROOM
OPEN 1 hr before Monday Wednesday and Friday

Young People United at 8pm on Tuesdays

Saturday Night Vacationland at 8pm LITERATURE ROOM OPEN 1 hr before

DONATION FOR NOVEMBER THANK YOU FOR YOUR SUPPORT

11/3/2021	Port Clinton Nooners	-----	\$50
11/9/2021	First Things First Catawba	-----	\$125
11/18/2021	Carol R. in Memory of Ruth Tackette	---	\$20
11/18/2021	Harbortown Breakfast	-----	\$500
11/23/2021	UAW Monday Night	-----	\$25
11/29/2021	Sink or Swim	-----	\$144

FROM THE G.S.O. IN NEW YORK

The G.S.O. office and board are excited to announce that we are embracing a new method of processing our Seventh Tradition contributions that will reduce cost, ultimately allowing for more investment in service to members and groups.

Effective immediately, please send contributions checks to:

Post Office Box 2407

James A Farley Station

New York, NY 10116-2407

Update, Corrections, Birthdays , Anniversaries, Leads, Important information you wish to share with the North Central Ohio AA fellowship

Scanning QR code will allow you to send email to soberhorizon@gmail.com



Ask an Old-Timer

This month's featured old-timer is **Shirley O'D**. Answers have been edited for clarity and to fit in the allotted space.

1. What is your sobriety date?

March 17, 1994

2. What is your home group, and where does it meet?

Clarksfield Monday Morning

Main Street South Amherst, OH

3. Do you have a sponsor?

Yes

4. Do you sponsor people?

Yes

5. What was/is your favorite service position?

Keeping my Home group open, I am the secretary

6. What was the most important lesson you learned in sobriety?

Acceptance was the answer!

7. What is your favorite line in AA literature?

One Day At A Time

8. What is the best piece of advice you were given by an old-timer?

Gratitude is what you have not what you want.

9. What is the best thing you ever heard someone say at a meeting?

You have to give it away in order to keep it.

10. Which step was the hardest for you to work? Why?

Step 8, making amends to people I had harmed. I was afraid they would reject my amends

11. Which tradition means the most to you?

Traditions 3 The only requirement for AA membership is a desire to stop drinking

12. What advice would you give to a newcomer?

Get a sponsor and a home group, and get into the Big Book to stay active

Step One

“We admitted we were powerless over alcohol—that our lives had become unmanageable.”

WHO cares to admit complete defeat? Practically no one, of course. Every natural instinct cries out against the idea of personal powerlessness. It is truly awful to admit that, glass in hand, we have warped our minds into such an obsession for destructive drinking that only an act of Providence can remove it from us.

No other kind of bankruptcy is like this one. Alcohol, now become the rapacious creditor, bleeds us of all self-sufficiency and all will to resist its demands. Once this stark fact is accepted, our bankruptcy as going human concerns is complete.

But upon entering A.A. we soon take quite another view of this absolute humiliation. We perceive that only through utter defeat are we able to take our first steps toward liberation and strength. Our admissions of personal powerlessness finally turn out to be firm bedrock upon which happy and purposeful lives may be built.

We know that little good can come to any alcoholic who joins A.A. unless he has first accepted his devastating weakness and all its consequences. Until he so humbles himself, his sobriety—if any—will be precarious. Of real happiness he will find none at all. Proved beyond doubt by an immense experience, this is one of the facts of A.A. life. The principle that we shall find no enduring strength until we first admit complete defeat is the main taproot from which our whole Society has sprung and flowered. When first challenged to admit defeat, most of us revolted. We had approached A.A. expecting to be taught self-confidence. Then we had been told that so far as alcohol is concerned, self-confidence was no good whatever; in fact, it was a total liability. Our sponsors declared that we were the victims of a mental obsession so subtly powerful that no amount of human willpower could break it. There was, they said, no such thing as the personal conquest of this compulsion by the unaided will. Relentlessly deepening our dilemma, our sponsors pointed out our increasing sensitivity to alcohol—an allergy, they called it. The tyrant alcohol wielded a double-edged sword over us: first we were smitten by an insane urge that condemned us to go on drinking, and then by an allergy of the

Tradition One

“Our common welfare should come first; personal recovery— depends upon A.A. unity.”

THE unity of Alcoholics Anonymous is the most cherished quality our Society has. Our lives, the lives of all to come, depend squarely upon it. We stay whole, or A.A. dies. Without unity, the heart of A.A. would cease to beat; our world arteries would no longer carry the life-giving grace of God; His gift to us would be spent aimlessly. Back again in their caves, alcoholics would reproach us and say, “What a great thing A.A. might have been!” .

“Does this mean,” some will anxiously ask, “that in A.A. the individual doesn’t count for much? Is he to be dominated by his group and swallowed up in it?” ,We may certainly answer this question with a loud “No!.” We believe there isn’t a fellowship on earth which lavishes more devoted care upon its individual members; surely there is none which more jealously guards the individual’s right to think, talk, and act as he wishes. No A.A. can compel another to do anything; nobody can be punished or expelled. Our Twelve Steps to recovery are suggestions; the Twelve Traditions which guarantee A.A.’s unity contain not a single “Don’t.” They repeatedly say “We ought...” but never “You must! ”

To many minds all this liberty for the individual spells sheer anarchy. Every newcomer, every friend who looks at A.A. for the first time is greatly puzzled. They see liberty verging on license, yet they recognize at once that A.A. has an irresistible strength of purpose and action. “How,” they ask, “can such a crowd of anarchists function at all? How can they possibly place their common welfare first? What in Heaven’s name holds them together?”

Those who look closely soon have the key to this strange paradox. The A.A. member has to conform to the principles of recovery. His life actually depends upon obedience to spiritual principles. If he deviates too far, the penalty is sure and swift; he sickens and dies. At first he goes along because he must, but later he discovers a way of life he really wants to live. Moreover, he finds he cannot keep this priceless gift unless he gives it away. Neither he nor anybody else can survive unless he carries the A.A. message.